



# GODS & IDOLS

FAITH 5

Together

Share

Highs and Lows



Read

the Scripture for the week



Talk

about how the Scripture might relate to your Highs and Lows today, then enjoy the nightly challenge



Pray

for your family Highs and Lows



Bless

one another with the sign of the cross and these words...



## Scripture of the Week

*I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. — Exodus 20:2-4*

## Nightly Challenge

**Sunday Music:** Highlight today's scripture in your Bible. Go to [www.faithink.com](http://www.faithink.com) and listen to the song by entering **TC01** in the FINKlink box on the bottom left. What words or phrases jump out at you? Why?

**Monday Art Encounter:** What do you see in the image on the front page? How might it relate to the one true God?

**Tuesday Catechism Encounter:** Open your Small Catechism or go online to Part I: The Ten Commandments. Hold hands and whisper, "I will have no other gods before the One True God!" three times. Shout it together three times. Whisper it again three times. Now read Luther's explanation of the First Commandment. What words jump out at you? Why?

**Wednesday Game Night:** Go to [www.faithink.com](http://www.faithink.com) and play the Quizbowl game by entering **TC01** in the FINKlink box on the bottom left column. Scroll to the bottom of the linked page and click "Launch Game." Have fun!

**Thursday Question:** When do good things—like sports, relationships, grades, jobs—become gods? How can you keep this from happening?

**Friday Role Play:** Act out one of these situations.

1. A teen spends five hours a night on the internet playing games, visiting virtual sites and chatting with friends. Homework, chores, family time, and sleep suffer. Grades slip because she isn't handing in assignments. She doesn't even have five minutes a night to do Highs & Lows with her family. You are her parents. What do you say?

2. A friend has taken a job that will keep her from church nearly every Sunday. She feels guilty about it, but needs to provide for her family. She comes to you for advice. What do you say?

**Saturday Reflections:** What was your highest high this week? What was your lowest low? Thank and praise God for the highest high. Ask the Holy Spirit to help you with the lowest low. Close in Jesus' name.

(NAME), child of God,  
may the Lord be first in  
your heart and mind  
this day. Amen.

