



KILLING

FAITH 5

Together

Share

Highs and Lows



Read

the Scripture for the week



Talk

about how the Scripture might relate to your Highs and Lows today, then enjoy the nightly challenge



Pray

for your family Highs and Lows



Bless

one another with the sign of the cross and these words...



Scripture of the Week

You shall not murder.

— Exodus 20:13

Nightly Challenge

Sunday Music: Highlight today's scripture in your Bible. Go to www.faithink.com and listen to the song by entering **TC05** in the FINKlink box on the bottom left. What words or phrases jump out at you? Why?

Monday Art Encounter: What do you see in the image on the front page? How might it relate to killing?

Tuesday Catechism Encounter: Open your Small Catechism or go online to Part I: The Ten Commandments. Hold hands and whisper, "I will not kill!" three times. Shout it together three times. Whisper it again three times. Now read Luther's explanation of the Fifth Commandment. What words or phrases jump out at you? Why?

Wednesday Game Night: Go to www.faithink.com and play the Quizbowl game by entering **TC05** in the FINKlink box on the bottom left column. Scroll to the bottom of the linked page and click "Launch Game." Have fun!

Thursday Question: What would it take for you to hold back rather than strike back next time someone wrongs you?

Friday Role Play: Act out one of these situations.

1. A new kid in your class is being pushed around by the school bully. What do you say and do?
2. Your best friend comes to you in tears with a black eye. You suspect she is involved in a physically abuse relationship. What do you say?

Saturday Reflections: What was your highest high this week? What was your lowest low? Thank and praise God for the highest high. Ask the Holy Spirit to help you with the lowest low. Close in Jesus' name.

(NAME), child of God,
may you be an agent of
God's healing this day.
In Jesus' name. Amen.

